



LASIK





Don't let poor vision slow you down.

All-laser LASIK with CONTOURA® Vision is our standard of care at Associated Eye Care. Schedule your free LASIK consultation today!

CONTOURA® Vision maps up to
22,000
 unique elevation points on each eye



CONTOURA® Vision maps the unique contours of your eyes. As unique to you as your fingerprint.



Vision For A Lifetime



LASIK

DESIGNED FOR YOU

Vision for a lifetime... that's our focus at Associated Eye Care, and providing world-class laser vision correction is an integral part of that approach. Our refractive team is led by board-certified ophthalmologists Drs. David Park, Gary Schwartz, and Jesse Vislisel. Experience, paired with state-of-the-art technology, makes us the premier eye care practice in the Twin Cities East Metro and Western Wisconsin area.

Experience the difference of personalized laser vision correction at Associated Eye Care.

FREE LASIK

CONSULTATIONS

LASIK is not the same everywhere you go. But we know that everyone's eyes are unique, so don't choose to have LASIK where you are treated the same way as everybody else. At Associated Eye Care, we understand your need for safety, affordability and quality care. We also believe in caring for you as an individual. That is why we offer you a free personalized LASIK consultation in order to determine your true candidacy for LASIK.

The same surgeon who will perform your procedure will meet with you personally during your consultation to discuss your options and answer your questions.

Call 888.466.2020
or visit us online at www.associatedeyecare.com
to schedule your free LASIK consultation.

40 YEARS OF COMBINED LASIK EXPERIENCE MEET YOUR SURGEON



Dr. Park joined Associated Eye Care in 1997. He obtained his B.S. degree at Stanford University. Dr. Park received his medical degree and completed his ophthalmology residency at the University of Minnesota, where he authored several scientific articles and received the Outstanding Teacher of the Year award. His interests include laser cataract surgery, micro-stent glaucoma surgery as well as LASIK. His participation in multiple clinical trials for medications, procedures, implants and devices has given him extensive experience with the most recent techniques and advancements available in ophthalmology. As an adjunct assistant professor at the University of Minnesota, he enjoys teaching medical students and residents. He has been on medical mission trips to Mexico, Ecuador, and Africa. He and his wife have three children.



Dr. Schwartz joined Associated Eye Care in 1995. Born and raised in Boston, he received his medical degree from Boston University in 1991, and completed his ophthalmology residency at the University of Minnesota in 1995. He received his Master in Healthcare Administration (MHA) from the University of Minnesota in 2017. Dr. Schwartz is a comprehensive ophthalmologist with a special interest in problems of the ocular surface. He devotes most of his surgical time to cataract surgery and refractive surgical procedures such as LASIK and PRK. Dr. Schwartz is an adjunct associate professor of ophthalmology at the University of Minnesota, where he has received awards for his skills as a teacher. He has also authored two books, *The Eye Exam* and *Around the Eye in 365 Days*. He has served on the Board of Trustees of the American Academy of Ophthalmology and as president of the Minnesota Academy of Ophthalmology. In his spare time, Dr. Schwartz enjoys snowboarding and gourmet cooking with his wife and son.



Dr. Vislisel was born and raised in Cedar Rapids, Iowa. He received his medical degree from the University of Iowa in 2007 and graduated with Research Distinction. He then completed his medical internship in Tucson, Arizona and returned to the highly-ranked University of Iowa for his ophthalmology residency and fellowship training in cornea and external eye disease where he received the Fellow Teaching Award and the P.J. Leinfelder award for excellence in research. He has special interest in cataract surgery, corneal transplantation, corneal crosslinking, anterior segment and ocular surface surgery, and laser refractive surgery such as LASIK. Dr. Vislisel enjoys technology and the rapid technological advances that occur in the field of ophthalmology. He has authored many peer-reviewed publications and book chapters and previously served as an editorial board member and chief medical editor for EyeRounds.org, a leading resource for ophthalmology education. His outside interests include music, cycling, fishing, outdoor recreation, and spending time with his wife and three children at the family cabin.

ALL LASIK EVALUATIONS ARE COMPLETED BY A SURGEON



Lindsay Kahn
LASIK Patient

A Better Life After LASIK

"Horseback riding and working with horses is not a glamorous lifestyle. There's dust, there's hay, there's flying hair and other things. LASIK gives me the freedom to focus on riding. I'm very glad that I chose Associated Eye Care for my procedure."

—Lindsay Kahn

WHY CHOOSE ASSOCIATED EYE CARE?

When you are considering LASIK surgery, you should feel confident about your physician and treatment location. Thousands of patients like Lindsay have placed their trust in Associated Eye Care for their LASIK surgery and you should too.

Experience You Can Trust

- Three certified refractive surgeons have over 40 years combined experience in refractive surgery
- Nationally and internationally recognized as leaders in the field of refractive surgery
- Involved in the FDA approval process for the first excimer laser
- 100,000+ LASIK & refractive cases performed

A Higher Standard of Care

Our commitment to you is to offer the latest technology and best patient care possible. Topography-guided bladeless LASIK procedures are our standard of care and are included in the price, while many other providers only offer this as an upgrade.

Here's a list of what is included in our LASIK package:

- Free consultations with a surgeon
- All-laser LASIK with CONTOURA® Vision
- Lifetime coverage for your results - ask for more information about our Vision Advantage Program
- Post-operative antibiotic/steroid eye drops
- Voucher for \$100 off sunglasses from AEC Optical
- All post-operative care included in one LASIK price
- 24 month interest free financing available

**Call 1.888.466.2020 to schedule your free
personalized LASIK Evaluation.**

THE BEST TREATMENT AVAILABLE WAVELIGHT® LASERS WITH CONTOURA®

Sara Brindley
LASIK Patient

A New Level of Precision

Associated Eye Care is one of the first in the country to offer CONTOURA® Vision as the standard of care. This exciting technology brings a new level of precision to the LASIK procedure with the ability to map corneal irregularities with a high degree of accuracy.

At Associated Eye Care, we now offer our patients the latest in LASIK technology, CONTOURA® Vision, as the standard of care. The Alcon WaveLight® Refractive Suite is the fastest and most precise suite designed specifically for LASIK. These lasers, along with the WaveLight® Topolyzer®, bring a highly personalized approach to LASIK called CONTOURA® Vision.

The two lasers in the WaveLight® Refractive Suite are connected by an advanced, internal data-sharing network (WaveNet) to increase speed and enhance precision. The suite also offers a swiveling bed to enhance patient comfort during our laser vision correction procedures.

Not only is our WaveLight® Refractive Suite faster than any available laser system on the market, it also integrates advanced data-transferring technology that allows the lasers to communicate patient-specific data, so the surgeon can utilize the information during surgery.



The WaveLight® FS200 Femtosecond Laser creates a flap in just seconds with precision and accuracy. Through the use of the femtosecond laser, our doctors at Associated Eye Care can provide results that are predictable, increasing confidence throughout the procedure.

The WaveLight® EX500 Excimer Laser reshapes the cornea, allowing incoming light rays to focus correctly on the retina, providing crisp, clear vision. The WaveLight® EX500 Excimer Laser is most notable for its impressive speed, precision, and customization.

THE LASIK VISION ADVANTAGE PROGRAM

At Associated Eye Care, we are committed to providing our patients the best possible vision for life. As part of that commitment, we are excited to offer the LASIK Vision Advantage program. If a patient requires a retreatment to maintain distance vision results, that patient may receive a retreatment from Associated Eye Care at no charge.

Patients who have good general eye health and receive laser vision correction for myopia, hyperopia or astigmatism at Associated Eye Care are eligible for the LASIK Vision Advantage program. Eligible LASIK surgery patients are automatically enrolled after surgery. Co-managed patients are also covered by this program provided they see their primary eye care provider for routine care. The typical follow-up exam schedule requires monitoring appointments one day, one week and three months after the procedure. Yearly eye exams are required to maintain the program, but are not included in the LASIK Vision Advantage program.



If the desired correction is not achieved in the initial procedure, and the surgeon believes that a retreatment is likely to improve the visual outcome, the retreatment is provided at no cost, provided that the surgeon agrees it is reasonably safe and medically appropriate. Retreatments must be necessitated by myopic, hyperopic, or astigmatic overcorrection, undercorrection, progression or regression.

Did You Know?

The risk of significant vision loss with LASIK is comparable to that with lifetime contact lens wear.



YOUR LASIK PROCESS

WHAT TO EXPECT:

STEP 1

PERSONALIZED LASIK EVALUATION

Meet with one of our experienced surgeons to determine whether you are a good candidate for LASIK and to discuss your treatment plan.

STEP 2

PROCEDURE

All LASIK procedures are performed in our Stillwater clinic. While the procedure takes only about 15 minutes, you should plan to be at our clinic for an hour. Your eyes will be numbed and you should not expect to experience significant discomfort during the procedure.

STEP 3

POST-OPERATIVE EXAM

You will meet with our care team for a post-operative follow-up, one day after the procedure. We will examine your eyes to ensure that you are on the path to healing. Most people return to their normal routine quickly after LASIK, and some even return to work the next day.

STEP 4

LIFETIME CARE

You will be automatically enrolled in our LASIK Vision Advantage program. The typical follow-up exam schedule requires monitoring appointments one day, one week and one month after the procedure. Yearly eye exams are required to maintain the program, but are not included.

Let LASIK Simplify Your Life

"I've always been athletic and loved going to the gym, and now I get to enjoy it even more without glasses or contacts. I couldn't believe how well I could see even after the first day of LASIK surgery. I'm really glad I trusted Dr. Schwartz with my eyesight."

-Jon Bindert

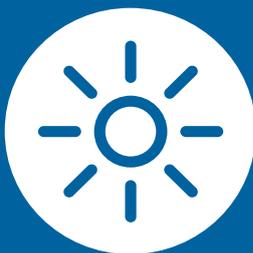


YOUR VISUAL FREEDOM

I'm ready! What's my next step?

If you're ready to take the next step towards better vision and a better life, call us today at 888.466.2020 to schedule your free LASIK consultation. If you've already had your consultation, then call us today to schedule your procedure. Great vision could be just a phone call away!

FREEDOM FROM:



light sensitivity



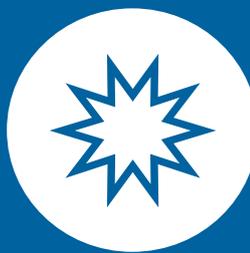
difficulty driving at night



difficulty reading



glare



starbursts



halos

Patients having LASIK with CONTOURA[®] Vision experience improvements on many of the adverse effects commonly associated with glasses and contact lenses.

Enjoy your favorite activities free from visual disturbances and the inconvenience of glasses or contacts.





SPECIAL LASIK DISCOUNTS

MILITARY DISCOUNT

Associated Eye Care values the dedication of members of our armed services, police, and fire departments. What you do helps keep us safe and preserves our way of life.

To show our appreciation, we offer all current or retired police, firefighters and members of the armed services over \$1,500 off a bilateral LASIK procedure.

In a potentially dangerous line of work, good vision without the aid of glasses or contact lenses can make a difference, and we feel it's only fair to offer the increased safety that better vision can provide you at a reduced price.

What's Included:

- Free consultations with a surgeon
- All-laser LASIK with CONTOURA® Vision
- Lifetime coverage for your results - ask for more information about our Vision Advantage Program
- Post-operative antibiotic/steroid eye drops
- Voucher for \$100 off sunglasses from AEC Optical
- All post-operative care included in one LASIK price
- 24 month interest free financing available

Who is Eligible?

Any current or retired member of the United States armed forces, including:

- Army
- Navy
- Air Force
- Marine Corps
- Coast Guard
- Reserve Force
- Police Officers
- Firefighters
- EMS/Paramedics



Associated Eye Care is a proud member of the VSP Premier Program, which affords special offers to patients seeking vision correction services. As a VSP member, you will receive a discount off your LASIK procedure, while still enjoying all the benefits that our all-inclusive vision correction package provides. VSP members need to simply present their benefits card to an Associated Eye Care representative at the time of the free LASIK evaluation and we will take care of the rest. As the largest VSP eye care provider in the state of Minnesota, Associated Eye Care ensures your VSP membership benefits are working harder for you.

WHERE TO FIND US

At Associated Eye Care, we're committed to bringing world-class eye care close to home in a way that's more convenient for you. That's why we have several locations for you to choose from. All procedures are performed at our Stillwater location.

Three convenient locations to have your free LASIK evaluation:

STILLWATER

2950 Curve Crest Blvd W
Stillwater, MN 55082



● Associated Eye Care ● Target

Detailed description: A map of the Stillwater area showing the location of Associated Eye Care (yellow dot) at 2950 Curve Crest Blvd W. Other streets shown include Long Lake Dr, 62nd St N, Curve Crest Blvd W, Stillwater Blvd N, Market Dr, Frontage Rd, and 60th St N. A red dot indicates the location of Target.

HUGO

14688 Everton Ave. N, Suite 106
Hugo, MN 55038



● Associated Eye Care ● Wagners Garden Center

Detailed description: A map of the Hugo area showing the location of Associated Eye Care (yellow dot) at 14688 Everton Ave. N, Suite 106. Other streets shown include Main St, 24th Ave N, Rosemary Way, Everton Ave N, Otter Lake Rd, Frenchman Rd, and Forest Blvd N. A red dot indicates the location of Wagners Garden Center.

WOODBURY

City Place Medical Building
237 Radio Drive, Suite 100, Woodbury, MN 55125



● Associated Eye Care ● Whole Foods

Detailed description: A map of the Woodbury area showing the location of Associated Eye Care (yellow dot) at 237 Radio Drive, Suite 100. Other streets shown include Hudson Rd, City Place Loop, City Place Blvd, Radio Drive, and Forest Blvd N. A red dot indicates the location of Whole Foods.

Our other clinic locations:

NEW RICHMOND

821 West 8th Street
New Richmond, WI 54017



● Associated Eye Care ● Westfields Hospital

Detailed description: A map of the New Richmond area showing the location of Associated Eye Care (yellow dot) at 821 West 8th Street. Other streets shown include Somerset, County Rd A, Hospital Rd, W Lincoln Rd, Marshall Rd, E Lincoln Rd, Monette Ave, Dakota Ave, W 6th, and West 8th St. A red dot indicates the location of Westfields Hospital.

HUDSON

411 Stageline Road, Suite 271
Hudson, WI 54016



Associated Eye Care is located in the North Wing of the Hudson Hospital & Clinic.

Detailed description: A map of the Hudson area showing the location of Associated Eye Care (yellow dot) at 411 Stageline Road, Suite 271. Other streets shown include Carmichael Rd, Stageline Rd, Hudson Hospital & Clinic Campus, Pearson Dr, Carriage Ln, O'Neil Rd, and W 6th. A red dot indicates the location of Westfields Hospital.

Affiliated Clinics:

AMERY

Amery Hospital & Clinic
265 Griffin Street E, Amery, WI 54001



Patients seeking appointments at Amery Hospital & Clinic, please call 715.268.8000.

Detailed description: A map of the Amery area showing the location of Amery Hospital & Clinic (yellow dot) at 265 Griffin Street E. Other streets shown include Power St, Keifer Ave S, 60th Ave, Elden Ave, and Apple River. A red dot indicates the location of Westfields Hospital.

BALDWIN

Western Wisconsin Health
1100 Bergslien Street, Baldwin, WI 54002



Patients seeking appointments at Western Wisconsin Health, please call 715.684.1111.

Detailed description: A map of the Baldwin area showing the location of Western Wisconsin Health (yellow dot) at 1100 Bergslien Street. Other streets shown include Bergslien St, 55th Ave, Baldwin Plaza Dr, and 94. A red dot indicates the location of Westfields Hospital.

RESHAPING YOUR VISION

Committed to leading the way technologically, our surgeons use the latest laser technology available to give you the best visual results possible.

All-laser flap creation brings a new level of safety and precision before your cornea is reshaped by the laser, leading to lower risk of side effects and complications.

Once the flap has been created, the advanced laser precisely reshapes the cornea, providing you with clearer vision and less dependence on glasses and contact lenses. The whole process is completed in just minutes.



The Normal Eye

The eye's surface is convex, and light rays that hit it bend toward its center. In an eye with a normally curved cornea and the correct shape, light focuses on the retina forming a sharp image.



Nearsightedness (Myopia)

When the eyeball is too long, light rays focus in front of, rather than on, the retina. Under these circumstances, near objects are in focus but distant objects are not.



Farsightedness (Hyperopia)

When the eyeball is too short, light rays entering the eye focus behind the retina. Distant objects are easier to see than near ones.



Astigmatism

Vision becomes distorted when the surface of the cornea has an uneven curvature. Sometimes, it is the eye's lens that is irregularly shaped. Astigmatism causes light to focus in more than one spot, leading to blurred vision.

Jon Markfort
LASIK Patient

How LASIK Works

Before the LASIK procedure, advanced diagnostic technology is used to map thousands of data points, giving the Associated Eye Care team a fully detailed, three-dimensional picture of your eye's shape and characteristics. This information is then translated into a personalized laser treatment plan for each eye.





TREATMENT TYPES

LASIK

The initial step in LASIK is the creation of a thin flap of corneal tissue that can be repositioned after the laser reshaping of the eye is complete. Numbing drops are applied to the eye and a femtosecond laser is used to create the LASIK flap. Then an excimer laser reshapes the cornea, allowing you to achieve better vision. The flap is then returned to its original position where it adheres naturally.

PRK

Like LASIK, PRK uses an excimer laser to reshape the cornea. However, no corneal flap is created with a femtosecond laser prior to the corneal reshaping. The central portion of the thin surface layer of the cornea (the epithelium) is removed from the eye. The excimer laser treatment is then applied to the underlying corneal tissue (the stroma) to reshape the eye. After the laser treatment, the cornea is covered with a bandage contact lens and within a few days, new epithelial cells grow back and the contact lens bandage is removed.

Monovision

Monovision is a treatment technique that is often prescribed for people ages 40 and older who are affected by presbyopia, the loss of reading vision. With monovision, the need for reading glasses may be greatly reduced. One eye is set for near vision, the other for distance, allowing patients the ability to perform most of their day to day activities without glasses. Though monovision might sound difficult to adjust to, most people adapt very well and eventually don't even notice the difference.

Can't Have LASIK? We Have Options.

Your surgeon will discuss options and candidacy with you during the initial free evaluation.



AFFORDABLE FINANCING

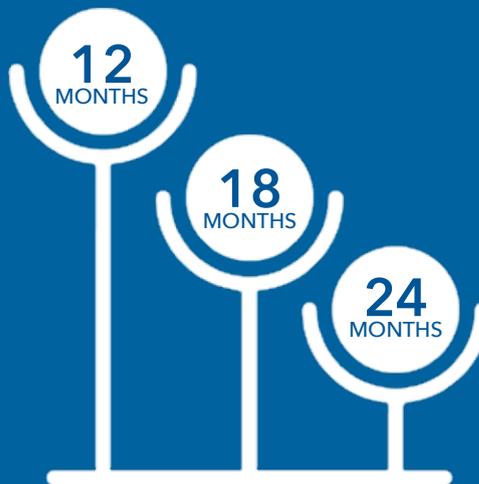
Get great vision today, pay tomorrow.

Associated Eye Care offers 0% financing for 12, 18, or 24 months. We also offer extended payment plans.

0% FINANCING

Flex Spending?

Did you know you can use your flex dollars or health savings account (HSA) for LASIK? Find out if you are a candidate for LASIK and have an exact cost for the procedure in mind. Research the details of your employer's plan (you may have a grace period) and plan your spending accordingly. Request a copy of the Summary Plan Description (SPD) from your employer, as it contains the rules of your plan.



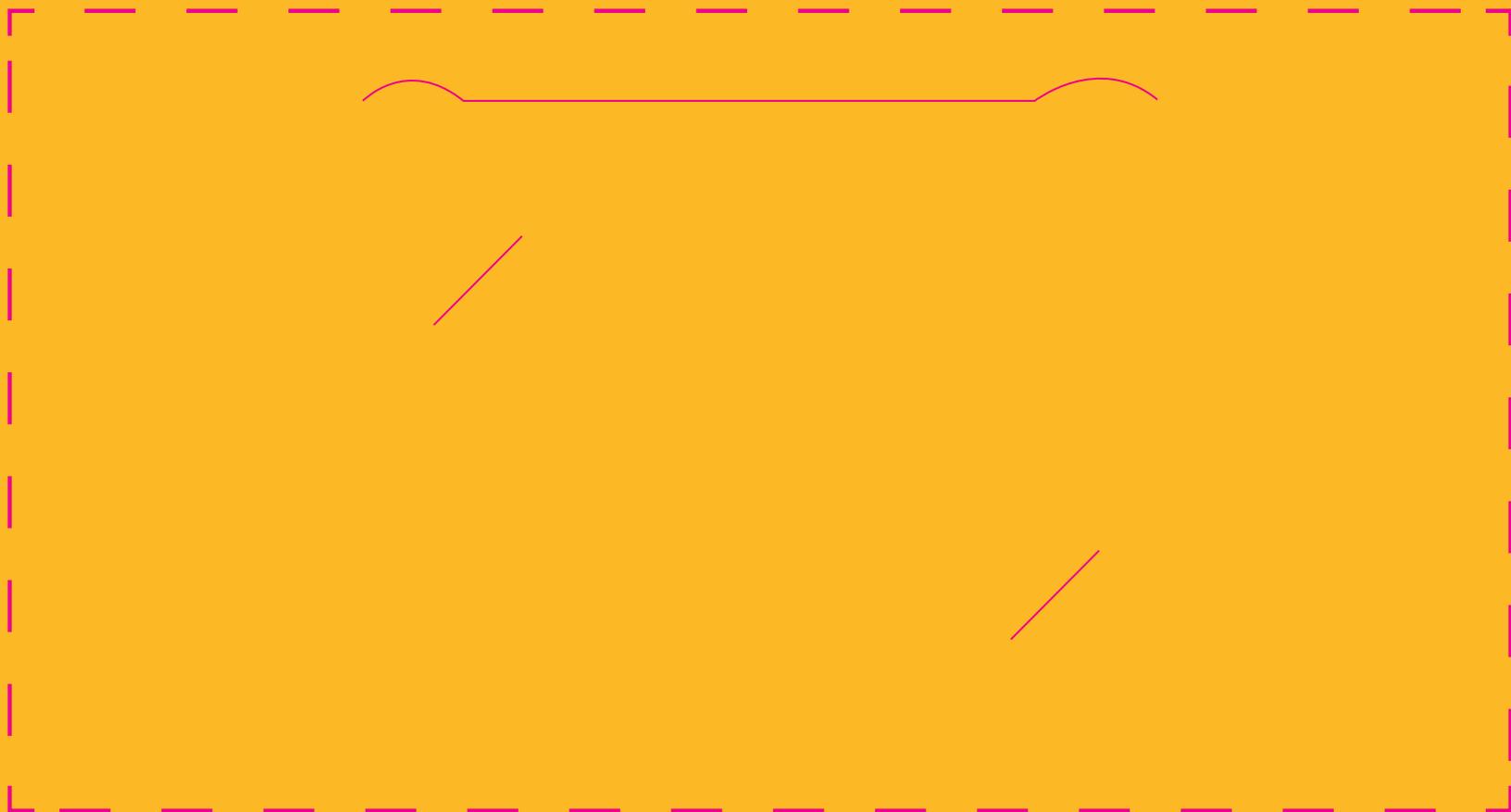
With our flexible and affordable financing options, there's no need to wait! Many LASIK patients say their only regret is not having a vision correction procedure sooner.

* Under the no interest payment plans, each month you are required to pay the minimum monthly payment to avoid interest charges. The promotional purchase must be paid in full within the promotional period.

Visit our website AssociatedEyeCare.com, for more details and how to get started!

THOUSANDS TRUST
THEIR VISION TO
ASSOCIATED EYE CARE.
YOU SHOULD TOO!

Visit www.associatedeyecare.com to see how
patients rave about their vision after LASIK!



VISION FOR A LIFETIME

LASIK appointments or information: 888.466.2020

www.associatedeyecare.com

